

## FARMER COMMUNITY TOUR IN NEPAL



The life of a farmer in Nepal can seem idyllic: whilst the work is hard and the days long, working outside surrounded by some of the most beautiful scenery in the world looks truly blissful. Wonder if the simple life of a farmer is for you? This is your opportunity to find out!

Your tour will begin with what is a relatively easy hiking through the hills of Dhading. You will walk at a leisurely pace for between 4-5 hours each day, enjoying the opportunity to get closer to the Nepalese nature, discovering the incredible mountain views and lush green hillsides that the country is so famous for.

### Discover Local Life

The diverse nature of this tour means that it is a wonderful opportunity to discover so many unique aspects of Nepalese life. This will give you the chance to learn more about their lives and their daily activities whilst also joining them to work on their farmland. Depending on the season of your stay, this work will vary but could include activities such as ploughing the fields with the help of oxen, planting the rice or harvesting when it's time for the crops to be stored. Once your participation with local people is over, you will drive to another beautiful lake city of Pokhara for 2 nights for local sights and drive to Chitwan National for another 2 nights for jungle activities such as elephant riding, canoeing, Ox cart riding, village tour etc.; and then drive to Kathmandu to adjourn your tour.

**Type:** 

**Trip Duration:** 14 days

### HIGHLIGHTS

- Explore cultural heritage sites of Kathmandu
- 5 days hiking in mid hillsides of Dhading
- Discover unique aspects of Nepalese life
- 5 nights tented camp in the local villages
- 2 nights in Pokhara, the lake city
- 2 nights in Chitwan National Park with jungle activities

**Nepal Hiking Pvt. Ltd. [NepalHiking.com]**

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**Open Hours: 09:30 - 18:00, Mon - Fri at S. Complex, N.B Bank Building, 2nd Floor, Nayabazar, Kathmandu, Nepal**

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## ITINERARY

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Day 01: Arrival in Kathmandu Airport; upon arrival you will be warmly welcomed by one of staffs by offering a garland of flowers; then transfer to hotel. Overnight at hotel, inclusive of breakfast.

Day 02: Guided tour of cultural heritage sites of Kathmandu such as Boudhanath, Pashupati, Swoyambhu and Kathmandu Durbar Square. Overnight at hotel, inclusive of breakfast.

Days 03 - 07: Drive to Adamghat (38 k.m, 2 hours drive); west of Kathmandu valley and start your hiking from here after crossing the suspension bridge over the Trisuli river and your overnights stop will be at Sunaulo Bazar, Jurethum, Dhuwakot; and Jyamrung, which are parallel hillsides, situated at around 1500 meters above the sea level. Overnights at tented camp with full board meal.

Days 08 - 09: Drive to Pokhara by Jeep / car (140 km / 6-7 hours drive). Pokhara is also known as lake city; the second largest city of Nepal. The close-up view of Annapurna Himalaya range can be seen from Pokhara. You will spend 2 nights with activities of boating at Fewa Lake, hiking, driving in hillside for sunrise and snowcapped mountain views. Overnight at hotel, inclusive of breakfast.

Days 10 - 11: Drive to Chitwan National Park (175 km / 6-7 hours drive). You will spend 2 nights in Chitwan National park, being very close to nature and doing jungle activities such as elephant riding, canoeing, bird watching, village tour etc.. Overnight at one of the resorts with full board meals.

Day 12: Drive to Kathmandu (175 km / 6-7 hours drive). Overnight at hotel, inclusive of breakfast.

Day 13: Leisure day / shopping in Kathmandu or extend sightseeing tour to Bhaktapur or Patan (optional), Overnight at hotel, inclusive of breakfast.

Day 14: Departure  
After breakfast, transfer to airport for your onward journey.

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## COST DETAILS

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### Cost Includes

- Airport pickup and drop by private car/van
- Guided tour of Kathmandu valley
- 3 nights twin sharing accommodation in Kathmandu inclusive of breakfast
- Full board meal during the hiking tours (days 03 - 07)
- Support team of guide, cook, helpers during the hiking tours
- All sorts of Entrance fees, permits and so on
- 2 nights in Pokhara, inclusive of twin sharing room and breakfast
- 2 nights in Chitwan, inclusive of twin sharing room with full board meal

### Cost Excludes

- Lunch and dinner whilst in Kathmandu and Pokhara
- Travel insurance (optional)
- Flight ticket
- Nepal entry visa fee
- Items of personal nature
- Bottled drinks
- Tipping for guide / driver